

Consciousness X-Word A

Across

2. The larger, slow brain waves associate with deep sleep.
11. One who has a vivid imagination and spends an unusual amount of time fantasizing.
14. Regular biological rhythm, such as body temperature and sleep/wakefulness, which follows a 24- hour cycle.
15. Our awareness of our environments and ourselves.

Down

1. False sensory experiences that occur without any visual stimulus.
3. A sleep disorder in which the victim suffers sudden, uncomfortable sleep attacks, characterized by entry directly into REM.
4. A sleep disorder in which the person ceases breathing while asleep, briefly arouses to gasp for air, falls back asleep, and repeats this cycle throughout the night.
5. The sleep stage in which the brain and eyes are active, the muscle's are relaxed, and vivid dreaming occurs.
6. Freud's theory of dreaming.
7. Is the underlying, but censored, meaning of a dream.
8. A sleep disorder in which the person regularly has difficulty in falling or staying asleep.
9. The tendency for REM sleep to increase following deprivation resulting from, say, the use of sleeping pills.

10. The state of heightened suggestibility in which some people narrow their focus of attention and claim to experience imaginary happenings as if they were real.
12. The relatively slow brain waves characteristic of an awake, relaxed state.
13. Episodes of high arousal with apparent terror.

