

BALKAN FOLK DANCE – SPRING 2012
COMMUNITY EDUCATION – SEC. 9306
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red=annotated (SCA)

NOTE: After each dance, I note in parentheses where you can find dance descriptions online. For the Stockton dance notes I've noted the year the dance was taught. Go to the Stockton Folk Dance Camp main web page and find the dance description by clicking on the year and then the dance name. Stockton website: <http://www.folkdancecamp.org/>. **Be sure and look for the corrections/addenda for each dance description prior to 2008. Very important!!** From 2009 on, all corrections were added into the **final** description. **D=notes, M=music, V=video**

SA: Sa or Sa-Sa is a cocek from Bujanovac, in south Serbia. Can be done in 3 or 5 meas. Rhythm: 2/4. Open circle, arms up in "W" pos. (Stockton 1999). **Start wi Left, moving in diag 1,2,3 (qqs) D M V=** <http://www.youtube.com/watch?v=DkciAEx6uTM> (=“Sa Gypsy cocek”. Choreographed by Steve Kotanski. Steve leads dance at 2011 Circle Lodge folk dance workshop, New York)

DZHANGURITSA: Dance from Pirin region of Bulgaria. There are many versions of this dance (as well as considerable variety in spelling and pronunciation). Mixed line or open circle, arms up in "W" pos. Rhythm: 9/8 QQQS (JPEG file) **D M V= ?**
<http://www.youtube.com/watch?v=s9b1NpJXx1c&feature=related> (Internat. Folk Dancers Ontario 2010)

SABRALI SA SE, SABRALI: Dance from the western Rhodopes in Bulgaria where there are strong concentrations of Pomaks (Bulgarian Moslems). Women's singing dance often danced in small courtyards or balconies. Rhythm: 7/8 + 9/8 (SQQ + QSqq (qq = S; this last slow count is "stretched") 1-2-3, 1-2, 1-2 + 1-2, 1-2-3, 1-2, 1-2 or **1,2,3,4-5-6**. Open circle or line, hands joined up in "W" pos. (JPEG file) **D M V=Yves Moreau CD-music/DVD-teaching video set, Vol 4, #15.**

VALLE GRASH E DEVOLLIT (or Valle e Isuf Arapit): dance from southern Albania. It is a women's Tsamiko dance. The title means women's dance from Devolli, a region in southern Albania between the city of Korce and Lake Prespa. Open circle, arms up in "W" hold. Steve Kotansky notates this as an 11/16 S-q-q-q-q. (pdf file from Kolo Festival 2011) **Starts wi Left steps in, out on R, L to l, R lift (pause); R to side, L crosses in front..., D M V=Kolo Festival 2011 Steve Kotansky teaching DVD**

RUSTEMUL: Dance from Muntenia in southern Romania. Rhythm: 4/4/ Lines with arms down, swinging fwd and back. Sequence of dance: Figures 1,2,3,1,2,1,3. (JPEG file) **D M V=**
<http://www.youtube.com/watch?v=8ND4ePo8nn8>

DO MAR CHIFTEN: Dance from southern Albania. An arrangement of Pogonishte steps (by Steve Kontanski, Stockton 2010). Rhythm: 2/4; open circle, arms up in "W" pos. (JPEG file) **D M**

ČAČAK: Dance from the town of Cacak in Serbia. Cacak means "dried mud". There are many versions of this dance. Rhythm: 2/4. **Four patterns.** Short lines, belt hold, L over R. I also learned this version from Nena Škočič. (JPEG file) **D M=?which one V=** (Jim Gold, several similar steps here): <http://www.youtube.com/watch?v=DhXCok7vSI8&feature=related>

VALLE (OR VALLJA) E ELI FARCA: (=Vallja Haide Merre Furken) Dance from southern Albania. Also known as Valle “Hajde Merre Furken” which means “Go fetch your distaff.” Rhythm: 7/8 SQQ. Open circle with arms up in “W” pos. (pdf file from Kolo Festival 2011)

D M V=Kolo festival DVD

ROMSKI ČOČEK: Dance from the Rom section of the outskirts of Skopje, Macedonia. Also known as Sutka Čoček. Rhythm: 2/4. Open circle, arms up in “W” pos. at about waist level.

(Stockton 1997) **D M**

BRESTAŠKA RAČENICA: Dance from Dobrudja, Bulgaria. Rhythm: 7/16 QQS. Open circle, arms up in “W” pos. (Stockton 1999) **D M**

DOSPATSKO: Dance from the town of Dospat in the Smojan District of the Rhodope mountains. It is done by the Bulgarian-Mohammedans in this area. Traditionally done in segregated lines with men in a shoulder hold and women in “W” pos. In folk dance circles in the U.S., it is done in mixed lines with arms up in “W” pos. Rhythm: 7/8 SQQ. (Stockton 1970) **D M V**=

<http://www.youtube.com/watch?v=HbThQCWvtdU>

CAYA VARDIM ZEYBEGI: Dance from Turkey. Translation: I dance by the river. Gestures used in the dance mimic picking oranges and putting them in a basket. Rhythm: 9/8 QQQS

(Stockton 2002) **D M**

DRJANOVSKA RAČENICA: Dance from N. E. Bulgaria. A slow račenica often performed by older villagers. This form is typical of towns and villages of N.E. Bulgaria where the culture is urban and relatively sophisticated. Rhythm: 7/8 QQS. Mixed lines, hands up in “W” pos. (Stockton 1998) **D M V**= <http://www.youtube.com/watch?v=-HLZ58sE0Mw&feature=related> (Princeton Univ. 2010); and <http://www.youtube.com/watch?v=WeHRYM9hivI> (Dance in the Woods 2009)

BUČIMIŠ: Dance from the Shope region in western Bulgaria. There are lots of variations of this dance. Rhythm: 15/16 QQQSQQ. Mixed lines of 5 – 8 dancers using a belt hold, L over R.

(JPEG file) **D M V**= <http://www.youtube.com/watch?v=QS1kOLuuedM&feature=related> (Jim Gold teaching 2010); and <http://www.youtube.com/watch?v=HzScEd5wy4A> (Kolo Koalition 2009)

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[NB Steve – check the new Princeton University videos]